



ON-TRACK

LIVE | WORK | PLAY



**STAY HOME
STAY SAFE**

**COMMUNITY
WELFARE**

**BUSINESS
SUPPORT**

An autumn like no other

In these uncertain times, people can feel helpless and vulnerable. While we cannot leave our homes to work, go to school or socialise, there are ways that we can and will help one another.

Manawatu District Council (MDC) is compiling a database to help keep us all connected and to ensure those that need help, get what they need.

If you need support with getting groceries delivered, would like a friendly phone call or any

other help, visit mdc.govt.nz and register by following the Support Request Survey Link.

MDC are also looking for volunteers who are available to support those in need, this may be by delivering groceries, calling people that live alone to check in, farm work or other help. If you would like to register as a volunteer, follow the Volunteer Survey Link on mdc.govt.nz COVID19 page.

Let's support each other, be kind and listen to the official information coming from the government. For more information visit the government's official COVID19 website: covid19.govt.nz

Please share this edition of ON-TRACK with anyone and everyone that you think may need help or would like to volunteer.

**Unite
against
COVID-19**

New Zealand Government





Kia ora

"When I started at FDP there were clear goals set to strengthen our organisations relationships with the local business community, support the range of fantastic community groups in our region and plan upcoming events.

While the world has changed significantly in the last month, these goals are now even more important."

Nga Mihi nui, Wendy Carr

Feilding & District Promotion Manager.

Long time local takes up the reigns

Feilding & District Promotion's new manager Wendy Carr has been in her new role for just a few weeks but she's a friendly Feilding local of 25 years, with strong ties to the community.

The Manawatu District Council (MDC) have pulled together an amazing network of community groups, that together, behind the scenes are working tirelessly helping our local people and businesses.

The cooperation and support of this network means that, should you need help or need a friendly ear, there is someone that can help. If you need support please visit MDC's website to register, and they will assist in getting you the help you need.

FDP are working alongside the council, CEDA and the Manawatu Chamber of Commerce to support local businesses through the uncertain times ahead.

There is a range of support that we can provide. Please email me should you have any questions at manager@feildingpromotion.co.nz

I would like to give my sincere thanks to all those working in essential services. Your hard work, sacrifice and dedication is remarkable and greatly appreciated by everyone.

It is heartwarming to hear about how the community is supporting one another, and that people are taking the advice and directions from the government seriously.

We can get through this together. Please continue to be kind, stay safe and stay at home.

Feilding & District Information Centre

We are still available to help via email manager@feildingpromotion.co.nz for help and information.

We will continue to keep you up to date through Facebook and www.feilding.co.nz.

Thank you for your support and understanding at this time. Take Care





Message from the Mayor

Council has activated it's
Emergency Operations Centre.

"The good people who operate the centre are council staff, who aside from their day jobs, are specially trained in emergency management and their role is to support you by coordinating the welfare efforts, logistics and communications for our community, during emergency situations such as this COVID19 event."

Helen Worboys

Manawātū District Council Mayor

Help and support only a call away

Our community, the country and the world are in weird times with this COVID19 virus taking over our lives and the way we go about our daily lives. We wonder if our 'normal' will ever be the same?

Our awesome community groups and agencies are out and about, checking up on our elderly and vulnerable and generally assisting people in need.

If you need some support or just a friendly voice to talk to, please ask.
You can go to Council's website and complete the support request form or phone in your details and request to our Customer Service team on 323 0000. This may simply be to have a chat with someone because you are worried or feeling lonely, or maybe have no transport to collect prescriptions or groceries.

We are here to help you.

If you would like to volunteer to help, please complete the volunteer registration form on Council's website, Facebook page, or phone our customer service team to register your details.

Our advice is to follow the instructions of the Prime Minister and the official Ministry of Health website covid19.govt.nz.

For business and welfare financial support please also go to this website for full details.

Please stay home as much as possible, wash your hands regularly, get some outdoor exercise such as going for a walk but remember to keep your distance from other people.

Keep in contact with family and friends by phone and social media and be thankful every day for the good things you have in your life. Please be kind to each other and watch out for your neighbours.

Yes, we know this is going to be a tough time ahead for all of us, and yes, it is scary not knowing when it will be over. But remember - help and support is only a phone call away.

We are a great community who cares, and together, we will come out of this stronger, appreciating what is most important in life – our health, our family and our friends.

Take care and stay safe.



Your Community Support Groups

Agency	Support Available	Website	Email	Phone
Christian Leaders Network	All local churches are available to offer fellowship and pastoral care	https://www.facebook.com/Feilding-Christian-Leaders-Network-103407184641749/		
Feilding & District Promotion	Business support; help with govt. applications; communication to public	www.feilding.co.nz	manager@feildingpromotion.co.nz	Wendy Carr 027 5111 022 9am – 5pm, Mon – Fri
Feilding Health Care		https://feildinghealthcare.nz/	hello@fhc.nz	06 323 9696
Manchester House Social Services	Food bank. Providing non-judgmental, non-discriminatory, compassionate, caring support for those in need	https://manchesterhousesocialservices.my-free.website/	reception@mhss.org.nz	06 323 7191
Manawatu Community Trust	Offers affordable housing for pensioners and disabled	http://www.manawatucommunitytrust.nz/	mctoffice@xtra.co.nz	06 324 0491
Manawatu District Council	Support with any needs of local community	https://www.mdc.govt.nz/Home	public@mdc.govt.nz	06 323 0000
Manawatu District Neighbourhood Support	Phone & Email support for residents; updating resident details; Sharing information to the public via social media and emails; forwarding important info	https://www.facebook.com/manawatu.neighbourhood/	info@manawatunsg.co.nz	Trish Balmer 027 3237387 or 06 3237386
	received from the public to police / MDC etc.			
Manawatu Rural Support Services	Phoning/emailing families, especially those with vulnerability.		Tima mrssincrcw1@gmail.com Aevryl mrssincrcw2@gmail.com	027 422 3544 021 0823 4809
Ministry of Social Development	Wages subsidies, job seekers benefits, superannuation.	https://workandincome.govt.nz/		
Police		https://www.police.govt.nz/105support		For emergencies please call 111, Non emergencies 105
Rapid Relief	Food parcels for families delivered via Police	www.nz.rapidreliefteam.org	feilding@nz-rapidreliefteam.org	Brett Wycherley 021 829 796
Salvation Army	Food bank for Feilding and surrounds	https://www.facebook.com/SalvationArmyFeilding	rance.stuart@salvationarmy.org.nz	Rance & Fi Stuart 029 771 2873
Te Manawa Family Services	Family Violence Services. Phone assessments, safety planning and programmes for adult men and women.	www.temanawa.org.nz	office@temanawa.org.nz	06 323 8330; 027 323 7330
Youthline	Support and guidance for young people	www.youthline.co.nz	talk@youthline.co.nz	0800 376 633 or Free text 234

Manchester House Te Whare O Manchester

Manchester House is working with
Manawatu District Council and
Partner agencies to ensure Feilding
and District residents feel safe and
supported during this time.

Together we grow



give a little
from  Spark^{nz} Foundation

Thank you for your
generous support

Important numbers

HealthLine	0800 611 116
Covid-19 Health Advice	0800 358 5453
Work & Income	0800 779 997
Manawatū District Council	06 323 0000

Manchester House Social Services
06 323 7191



follow us

Have you noticed your neighbour's? Our elderly are sometimes isolated.

Knock on the door and step away far enough for your neighbour to see you.
Ask if they require any thing. Or ring 06 323 7191 and let Robyn from Manchester House know what's required.

We have now delivered over 230 care packages to the vulnerable and elderly in the community.
We are working carefully with other key organisations to ensure people's needs are met around food and support
for both physical and mental wellbeing during this uncertain time.

Manawatū Rural Support Services for those who may need support, living in the rural
Northern Manawatū and Halcombe call these numbers 021 082 34809 or 027 422 3544

Join us in helping make this an easier time for the vulnerable and elderly in our community.

Phone Robyn 06 323 7191

WWW.MHSS.ORG.NZ

**St John**

Here for Life

Caring Caller

Just a phone call away



Friendship is a precious gift

People in our community may be feeling isolated, alone and just need a friendly phone call

Our **FREE** Caring Caller service is available to your community



**Brighten up someones day,
give a gift of friendship today**



Contact:

Margaret 06 322 1698

Caitlyn 0800 785646 ext7841

Email: hawthorn.ye@xtra.co.nz

Email: Caitlyn.Lorigan@stjohn.org.nz



St John
Here for Life

Caring Caller Fact Sheet

Health Professionals and other referrers



Sometimes living alone or being house bound means that people miss out on daily human contact, someone to chat to, laugh with and share news with. People become lonely and isolated as friends and family move on or have passed away, or physical disabilities prevent them from getting out and about.

It is often said that loneliness is a silent and unnoticed epidemic that runs through our communities. Recognising that loneliness is a real issue in our communities, St John established the Caring Caller service. This is a free telephone friendship service that aims to reduce the loneliness experienced by some people, by providing them with contact and companionship via the telephone on a regular basis.

This is not a help line; it is a free friendship service both parties enjoy. Many clients and Callers report genuine telephone friendships forming, some lasting many years.

The philosophy of the St John Caring Caller service is to:

- Provide high quality, client-focused, telephone friendship on a regular basis using caring volunteers who are friendly, reliable, and good listeners
- Respect and appreciate the value and worth of the volunteers who so freely give their time to assist St John and their local community through our service
- To seek further support or assistance using other agencies when it is discovered that one of our clients needs help, and that these needs are beyond what our service is able to provide

The philosophy of the St John Caring Caller service is to:

Both parties benefit from this new friendship. For the Caring Caller, it is very rewarding to be helping someone in need, even if that means just talking to them. For the client, it is a break from the social isolation, a new-found friend, regular contact, and knowledge that someone 'out there' cares about them.

The service plays an active role, we believe, in helping many people remain in their own homes rather than going into residential care. In times of crisis, the regular phone call can be extremely reassuring for some of the clients. They know that if they fail to answer the telephone the Caring Caller will become concerned. The Caller will then advise Caring Caller management, and a family member, a neighbour, or someone from St John will be asked check on them. In some cases an ambulance may be dispatched if necessary.



How CEDA can help

The Central Economic Development Agency (CEDA) is available to support you through this unprecedented time and the challenges that will be faced. As providers of the Regional Business Partner Network across Manawatū-Whanganui, we have an important role, funded by government to link businesses to available support.

Please get in touch

Supporting local business through challenging times

Over the coming months CEDA will be working closely with our Regional Business Partners and service providers to deliver a series of webinars for businesses affected by the COVID-19 pandemic.

CEDA will work with partners across Palmerston North City, Ruapehu, Rangitikei, Tararua, Horowhenua, Whanganui and Manawatū, to deliver this series for the wider Manawatū-Whanganui region and beyond.

The webinars will take place every Tuesday and Thursday and will cover a range of topics, from business continuity planning, communications and cashflow management to resilience and leadership training.

The webinars will be 30 minutes long and will include Q&A with the presenter.

Register on-line now for upcoming Webinars

Navigating COVID-19 – Financial Management
Date: Tuesday April 7 2020
Time: 2:30-3pm

Following an introduction from CEDA Business Advisor Carl Baker, Rahui Corbett from Morrison Creed will provide you with practical cash flow survival strategies to help you through the COVID-19 crisis. You'll get actionable advice on cash flow solutions including managing customer and suppliers, Government assistance, guidance on debt structure, and creating an action plan.

Rahui Corbett is a Chartered Accountant and Partner of Morrison Creed Advisory Ltd, Chartered Accountants and Business Advisors based in Palmerston North. Rahui is involved in business planning and coaching for her clients in and around the Horizons region. She sits on a number of governing boards in business, not for profit, and school roles.



We'd like to hear from you on the challenges your business is facing, so we can support our business community throughout this unprecedented time of change and disruption. Your feedback will give valuable insight into how we, as a region, can respond.

Get in touch with us today to find out how we can support you and your business by contacting business.enquiry@ceda.nz or 06 350 1830.



CEDA supporting local business

Are you facing challenges to your business, or concerned about the future impacts your business will encounter due to COVID-19?

CEDA's team of Business Growth Advisors are here to support you and provide guidance, advice and connections with the right expertise to work through your concerns. They are here to help connect you with information, services and support; including support that is available through the New Zealand Trade and Enterprise (NZTE) Regional Business Partner (RBP) programme.

For a summary of the Governments support package for COVID-19, and the key links and information regarding all things COVID-19, from workplace preparedness to tax relief and more, visit CEDA.nz. We've compiled the key resources to help you navigate and access the right information.

Get in touch with us today to find out how we can support you and your business by contacting business.enquiry@ceda.nz or 06 350 1830.

Some of the ways CEDA can help include:

Connecting you to professional service providers to assist you with the issues that you are facing e.g. cash flow management, business continuity management, HR support, marketing and more.

Provide you with relevant and up-to-date information on how and where to access Government support including navigating the Wage Subsidy Scheme and the recently announced Business Finance Guarantee Scheme.

Assist Māori businesses on Government support available.

Provide you with an experienced Business Mentor to provide additional guidance over the next 12 months. Business Mentors come with specific skills and are matched depending on your needs.

Facilitate funding for Research and Development including project grants.



06 358 1211
027 358 1212

info@manline.co.nz



Feilding
Phone: (06) 323 8330
Mobile:
027 323 7330
office@temanawa.org.nz

Palmerston North
Mobile: 027 323 8332
admin.pn@temanawa.org.nz

**MAN,
WHO
YOU
GONNA
CALL
BEFORE
YOU
LOSE
IT ALL?**

We're all here to help

Dear Parents,

There is no academic emergency this week, so don't be so quick to set up a homeschool. Our Country is in crisis, and we are all stressed and tired. Stressed adults can not teach stressed children. It is impossible.

Try focusing on connections and feelings of safety.

Breathe

Know that it's ok to slow down, to breathe, to have time to think of responses, and to not have all the answers. Spend time getting to know your children, play games and reconnect as a family.

You're not alone

A space for the heart Te Manawa Family Services

Te Manawa Family Services works with Men, Women and young people to reduce the impact of violence in their families and whanau.

Our fully accredited social workers and counsellors deliver a range of programmes, including Men Living Free from Violence; Women Living Free from Violence, Family and Whanau Support and our Youth and Parenting Programme.

All programmes and services include counselling and support to manage emotions and behaviour related to abuse and trauma, as well as practical skills to manage relationships based on equality and respect.

We work with all people experiencing or using violence in their relationships.

Te Manawa programmes and services are available to anyone living in the Manawatū area. Referrals can be made through the website on the referrals page, or by calling us.

All our services are free.

Keeping families- whanau safe

Manline is a counselling and education service run by men, for men over the age of 13 with offices in Feilding, Palmerston North, Dannevirke and Pahiatua.

Their counsellors are able to work with you around relationships, positive parenting, anxiety, stress, social isolation, sexual and physical abuse, as well as anger and stopping violence programmes.

With Covid19, Manline staff are currently working from home with all face to face counselling suspended for the foreseeable future.

If you are an existing client, Manline can continue working with you by phone or Zoom, a web-based video service. Feel free to make contact if we have not already spoken to you.

Men's services available by phone.

All workers responding to calls at these organisations are accredited men's programme facilitators.

FREE PHONE 0800 HeyBro

This number is setup for men who feel they're going to harm a loved one or whanau member. We're here to support 24/7 to listen and to help. So give us a call next time you're on the edge!



SuperSeniors

COVID-19
Special Edition

 www.superseniors.msd.govt.nz

 facebook.com/OfficeforSeniors/

 twitter.com/SuperSeniorsNZ



This information is to help you stay safe and well while the country battles COVID-19.

It's been a very long time since New Zealand has had to do anything like this and everyone's life is being disrupted by it, but it is necessary to stop the spread of the virus and protect people. So please stay at home, follow the health advice – and take care of yourselves. Get on the phone, and keep in touch with family and friends. And if you need help, please ask – there are numbers at the end of this for your use.

Tracey Martin, Minister for Seniors

What's happening

The Government has declared a state of emergency and New Zealand's COVID-19 coronavirus Alert Level is at 4 for the next four weeks. This means we must all stay home, and all businesses must close except for essential services like supermarkets and pharmacies.

Older people are particularly at risk of suffering from this virus, please be careful. We know many people over the age 70 are fit and healthy, but everyone needs to do their part in stopping the spread of COVID-19 by staying at home.

All New Zealanders not working in essential services must stay at home and stop all physical interactions with others outside of their household. Staying home is the safest and most sensible thing to do to protect

yourself, your loved ones and to make sure our health system can cope and look after people who become sick.

Food, medicines and healthcare will always be available and your usual financial support, like NZ Super, will continue as normal. The Government will also double your Winter Energy Payment from May 1 this year.

If you can, get someone to drop your groceries off to you, or order your groceries online and have them delivered to your door.

Below are links to Countdown and New World online shopping web sites:

- www.shop.countdown.co.nz
- www.newworld.co.nz/shop/online-shopping

Stay social and keep busy

It's important to take care of your health and wellbeing while you're at home. It is recommended to stick to a routine such as having regular mealtimes, bedtimes and exercising.

It is really important you keep talking to people. Reach out by phone or internet to your usual support, like family, whānau and friends to keep in touch and talk about how you feel.

Do the usual things things you enjoy at home like reading, writing, watching TV, art or cooking.

You can also go outside for a walk or tend to your garden as long as you adhere to the guidelines – stay at least two metres away from other people.

Everyone will respond differently to this new way we have to live for a while.

If you feel you are not coping, it is important to talk to a professional. For support with grief, anxiety, distress or mental wellbeing, you can **call** or **text 1737** – free, anytime, 24 hours a day, 7 days a week – to talk with a trained counsellor.

Your health

If you develop symptoms of COVID-19 like a cough, fever, shortness of breath, sneezing or a runny nose, call your GP (doctor) or the COVID-19 Healthline **0800 358 5453**

For other health issues, call your doctor or Healthline (for free) on **0800 358 5453**.

If you cannot get through and are severely unwell, for example having trouble breathing, contact emergency services (**dial 111**).

Keep up to date

You can find out all the most recent information at the special website: **www.Covid19.govt.nz**

A lot of work is underway to help older people across New Zealand through this difficult time, so keep an eye out for more details coming soon.

The COVID-19 website is updated daily.

Please share this Newsletter with others, especially those that do not use the internet. If they live nearby, print it out and pop it in their letterbox. You can even read it out to them over the phone.

Covid19.govt.nz
Everything you need
to know in one place

**Unite
against
COVID-19**

New Zealand Government



Key telephone numbers

- COVID-19 Healthline **0800 358 5453**
- For general health issues, phone your doctor or Healthline (for free) on **0800 358 5453**.
- For emergencies dial **111**.
- If you are feeling anxious or just need someone to talk to call or text **1737**
- Elder Abuse Helpline **0800 32 668 65**
- If you need to discuss your entitlements phone the MSD Senior Services line **0800 552 002**
- Make sure all your details are correct through your MyMSD Account at **www.my.msd.govt.nz**
- If you are unable to find what you need online, and are not sure who to contact for help, call the free government helpline on **0800 779 997** or on **0800 22 66 57** (8am–1am, 7 days a week).



Our supermarkets are one of the few places that we can now visit during the COVID19 Lockdown.

Remember to shop safely.

Designate one person per household to do your grocery shop, maintain the two metre physical distance, and wash your hands at home, before and after.

be patient

be considerate

be kind :)

Please remember to say thank you to all the workers who leave their families in lockdown each day to work in extremely challenging circumstances for our sake.



Washing and drying your hands kills the virus

Wash often. Use soap. 20 seconds. Then dry.
This kills the virus by bursting its protective bubble.

Find out more at
[Covid19.govt.nz](https://www.covid19.govt.nz)

New Zealand Government

**Unite
against
COVID-19**





The Coach House family

is a big part of our community.

Hundreds of dedicated volunteers have been and are responsible for curating and operating every aspect of the Feilding & District Community Archive and the world class museum.

We can't change the wind, but we can adjust the sails

It is in times like this that there are so many things out of our control. We may not be able to change those things, but we can focus on and change what we are in control of, and there are times when all that we might be able to change is our attitude.

I write this as we are about to begin the four week lockdown due to Covid-19. Only a week ago we decided to cancel our 'Thursday smoko'. This week, just as the Trustees made the decision to close the Museum, the government announced Alert Level Four in an attempt to eliminate the pandemic in New Zealand.

The next four weeks are likely to be challenging as we have less face to face interaction with others. But we do have a lot to be thankful for as we face these challenges.

We can be thankful that we live in a community that is resilient and supportive.

We can be thankful that we have family or neighbours that will be watching out for us as we watch out for others.

We can be thankful that we live in a country of freedom and safety.

No matter what challenges we face, as a nation, as a community and as a family, I am certain we will emerge from this stronger and more connected than ever.

The family of the Coach House is a big part of our community and I wish to acknowledge all of our wonderful volunteers who give so much of their enthusiasm and time to make this family what it has become.

In time, we will reopen the Museum. We will once again meet for 'Thursday smoko'. We will continue to enjoy the company of each other. Until then I can only wish you the very best of health.

Please let others know if you need help. Keep connected with family or friends by telephone or internet. You might even write and post a letter! Thank you all for being a vital part of our family. I look forward to seeing you all again very soon.

Bryan Guy

Manawātū Historic Vehicle Collection Trust
Chairman



follow us

WWW.COACHHOUSEMUSEUM.NZ



**Feilding
& District**
PROMOTION INC

Manawatū

ON-TRACK

LIVE | WORK | PLAY



**STAY HOME
STAY SAFE**



**COMMUNITY
WELFARE**



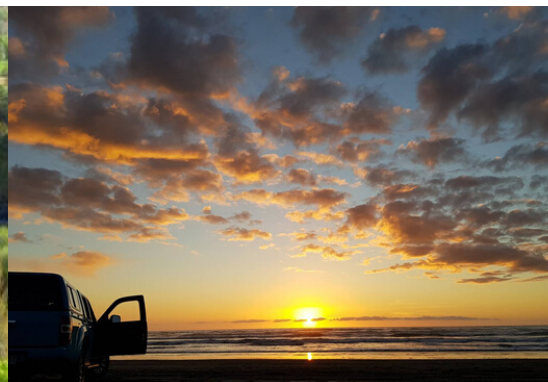
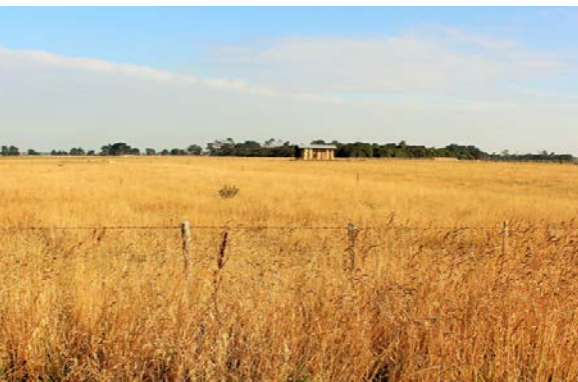
**BUSINESS
SUPPORT**

Thank you to every person who is helping to look after our people in our community.

In friendly Feilding and every one of our 14 rural villages across the Manawatū District people are rolling up their sleeves to join our council to help in every way to ensure that our communities are safe and okay.

If you need help, support or you're struggling, please do not hesitate to contact any one of our organisations, who are ready to help you.

**With 31,700 residents across our beautiful district
we're all in this together.**



WWW.FEILDING.CO.NZ