



**Feilding
& District Manawatu**
PROMOTION INC

Issue 21, 1 May 2020

ON-TRACK

LIVE | WORK | PLAY



Support
**Feilding
& District**

**Our
Manawatu**
Keep our heartbeat strong
Kia kaha o tatou ngakau

LOCAL TO THE CORE!

#♥FRIENDLYFEILDING

#SUPPORTLOCALFIRST

#CHOOSEMANAWATU

Launching soon

Feilding & District Promotion are working alongside the Manawatu Chamber of Commerce, CEDA, MDC and PNCC with a combined Buy Local, Choose Manawatu campaign.

Every effort is underway to stimulate the local economy post COVID-19 lockdown.

The objective is to get our town working again, for this to happen we need local people to support local businesses.

The simple message is to 'Buy Local' to keep our money in our local economy as much as we can, for more local people to keep their jobs and our small businesses to stay open.

When you buy from a local business you help to create local jobs, that sustain our families and our community. When you support and buy from our local businesses, you are helping them to then support our community as a whole, a circle of trade.

We want to hear from those of you that are reopening your business!

We want you to be a part of our campaign.

We're all in this together!

Phone or text Wendy Carr 027 5111 022 or email manager@feildingpromotion.co.nz,
If you are keen to learn more email choosemanawatu@manawatunz.co.nz

Choose Manawatu



WWW.FEILDING.CO.NZ



Kia ora everyone,

The simple message to

Buy Local

keep our money in our local economy
as much as we can,
means more local people will keep their
jobs and small businesses will stay open.

Keep our heartbeat strong!

Kia kaha o tatou ngakau

Wendy Carr

Feilding & District Promotion Manager.

Helping to rebuild our local business sector

With the move to alert level 3 and, fingers crossed, another move to alert level 2 next week, our local businesses are slowly allowed to reopen.

One thing we have all learnt over these past six weeks, is how much we miss our friends and family and popping into our local shops.

This is a huge relief for those business owners, but we know there is still uncertainty and tough times ahead.

With a huge portion of the population moving to working and learning from home; Zoom meetings, virtual classrooms and online video streaming, the realisation that the internet is no longer a luxury, but a necessity has hit home hard.

The simple message to Buy Local, keep our money in our local economy as much as we can, means more local people will keep their jobs and small businesses will stay open.

When you buy from a local business you are not only helping the owner and workers stay open and employed; you are helping them to then support our community as a whole, a circle of trade.

We are lucky in Feilding and the Manawatu District, to have such a tight knit community. We care for each other in a way that outsiders' envy.

We're all in this together!

That is the luxury of a small town, rural community. Its two degrees of separation, if you need or want something and don't know where to get it, a friend will know.

A coordinated effort is underway to stimulate the local economy post COVID-19 lockdown.

A 'shop local' movement is emerging in communities across the globe and Manawatu is no different with a new initiative launching to encourage residents to 'back their team' through spending local and supporting the rebuilding of the local business sector.

We're seeing and hearing from our business community and we are listening, and we understand your need need to get your messaging out there.

The impact of COVID-19 has really amplified the need for our businesses to have a digital presence and our new Buy and Support Local campaign will provide a simple avenue for all of our businesses in Feilding and Manawatu District to do this regardless of their size or budget.

We have been working as swiftly as we can with our partners to develop a digital platform for you.

It will also highlight the incredible amount of businesses we have here in our community and provide a direct showcase for our locals to connect and get the services and products they're wanting - all while being a part of something significant for our region.



Message from the Mayor

What a difference a
level makes and the old adage
'never let a good crisis go to waste'
is certainly proving true!

Helen Worboys
Manawātū District Council Mayor

Planning for economic recovery

It's heartening to see the buzz around the community as some businesses get back to work.

I am impressed with the innovative ways our hospitality businesses are following the rules, while providing our coffee fix and great wholesome takeaway snacks and meals.

As several have told me, it was more about wanting to get back to work and do something constructive, than necessarily being the financially sensible option when working to the lockdown rules.

The new Facebook page Feilding – Shop Local, set up by a local businesswoman, is growing with numbers of businesses promoting what they offer and some are businesses I did not know existed prior to this crisis.

The positive comments from potential customers makes you feel great to live in such a supportive community. Let's hope those comments turn into orders and \$\$ into our local businesses tills.

On this note, I am looking forward to the rollout of the Shop Local campaigns for our region and our District. In addition, a campaign targeting the wellbeing of our rural community is under discussion too.

On a wider regional level, an Economic Recovery Taskforce has been established, which with all the Councils support, has an important role in demonstrating leadership and ambition for the future wellbeing of our region.

This will complement the work being done by the eight councils within the Horizons region and provide a cohesive, well-reasoned and powerful voice to central government.

The economic and social impacts of the pandemic and drought conditions are still unfolding and they are likely to be severe and long lasting, resulting in significant reductions in our economic and social health.

At the same time the issues that were influencing our regional economy pre pandemic such as sustainability, climate change etc., will continue to be significant.

Therefore, it makes sense to have recovery driven at multiple levels across our community, district and wider region.

An overall plan for economic recovery is critical and it needs to be put together.



Your Community Support Groups

Agency	Support Available	Website	Email	Phone
Christian Leaders Network	All local churches are available to offer fellowship and pastoral care	https://www.facebook.com/Feilding-Christian-Leaders-Network-103407184641749/		
Feilding & District Promotion	Business support; help with govt. applications; communication to public	www.feilding.co.nz	manager@feildingpromotion.co.nz	Wendy Carr 027 5111 022 9am – 5pm, Mon – Fri
Feilding Health Care		https://feildinghealthcare.nz/	hello@fhc.nz	06 323 9696
Manchester House Social Services	Food bank. Providing non-judgmental, non-discriminatory, compassionate, caring support for those in need	https://manchesterhousesocialservices.my-free.website/	reception@mhss.org.nz	06 323 7191
Manawatu Community Trust	Offers affordable housing for pensioners and disabled	http://www.manawatucommunitytrust.nz/	mctoffice@xtra.co.nz	06 324 0491
Manawatu District Council	Support with any needs of local community	https://www.mdc.govt.nz/Home	public@mdc.govt.nz	06 323 0000
Manawatu District Neighbourhood Support	Phone & Email support for residents; updating resident details; Sharing information to the public via social media and emails; forwarding important info	https://www.facebook.com/manawatu.neighbourhood/	info@manawatunsg.co.nz	Trish Balmer 027 3237387 or 06 3237386
	received from the public to police / MDC etc.			
Manawatu Rural Support Services	Phoning/emailing families, especially those with vulnerability.			
Ministry of Social Development	Wages subsidies, job seekers benefits, superannuation.	https://workandincome.govt.nz/	Tima mrssincrcw1@gmail.com Aevryl mrssincrcw2@gmail.com	027 422 3544 021 0823 4809
Police		https://www.police.govt.nz/105support		For emergencies please call 111, Non emergencies 105
Rapid Relief	Food parcels for families delivered via Police	www.nz.rapidreliefteam.org	feilding@nz-rapidreliefteam.org	Brett Wycherley 021 829 796
Salvation Army	Food bank for Feilding and surrounds	https://www.facebook.com/SalvationArmyFeilding	rance.stuart@salvationarmy.org.nz	Rance & Fi Stuart 029 771 2873
Te Manawa Family Services	Family Violence Services. Phone assessments, safety planning and programmes for adult men and women.	www.temanawa.org.nz	office@temanawa.org.nz	06 323 8330; 027 323 7330
Youthline	Support and guidance for young people	www.youthline.co.nz	talk@youthline.co.nz	0800 376 633 or Free text 234

Breathe

Know that it's ok to slow down, to breathe, to have time to think of responses, and to not have all the answers. Spend time getting to know your children, play games and reconnect as a family.

You're not alone

A space for the heart Te Manawa Family Services

Te Manawa Family Services works with Men, Women and young people to reduce the impact of violence in their families and whanau.

Our fully accredited social workers and counsellors deliver a range of programmes, including Men Living Free from Violence; Women Living Free from Violence, Family and Whanau Support and our Youth and Parenting Programme.

All programmes and services include counselling and support to manage emotions and behaviour related to abuse and trauma, as well as practical skills to manage relationships based on equality and respect.

We work with all people experiencing or using violence in their relationships.

Te Manawa programmes and services are available to anyone living in the Manawatū area. Referrals can be made through the website on the referrals page, or by calling us.

All our services are free.

Keeping families-whanau safe

Manline is a counselling and education service run by men, for men over the age of 13 with offices in Feilding, Palmerston North, Dannevirke and Pahiatua.

Their counsellors are able to work with you around relationships, positive parenting, anxiety, stress, social isolation, sexual and physical abuse, as well as anger and stopping violence programmes.

With Covid19, Manline staff are currently working from home with all face to face counselling suspended for the foreseeable future.

If you are an existing client, Manline can continue working with you by phone or Zoom, a web-based video service. Feel free to make contact if we have not already spoken to you.

Men's services available by phone.

All workers responding to calls at these organisations are accredited men's programme facilitators.

FREE PHONE 0800 HeyBro

This number is setup for men who feel they're going to harm a loved one or whanau member. We're here to support 24/7 to listen and to help. So give us a call next time you're on the edge!



TE MANAWA SERVICES
a space for the heart



Manchester House proposed opening hours going forward to Level 2

Manchester House Senior Hub

A Hub of Information - A hive of Activity

At Level 2 we may remain closed, please ring 323 2410
for more information about the resumption of
programmes and activities.



Important numbers

HealthLine 0800 611 116

Covid-19 Health Advice 0800 358 5453

Work & Income 0800 779 997

Manawātū District Council 06 323 0000

Manchester House Social Services

06 323 7191



Manchester House ASAP

ASAP (Before & After School programmes)

Grey Street Feilding: @ Level 2 will be
operational, parents please ring Vicki on 323 6470
for bookings and any changes regarding
Health & Safety protocols

give a little
from Spark^{nz} Foundation

Thank you for your
generous support

ASAP

AFTER
SCHOOL
ACTIVITY
PROGRAM

Manchester House OpShop

115 Fergusson Street: @ level 2
will be open with Health
& Safety protocols in place.

For more information 323 5434



Manchester House ASAP

Before and after school care adapts to meet level 2 requirements.

While Covid 19 level 2 will allow more people to return to work and most children will be heading back to school, there will still be restrictions which affect how they can interact with other people.

Manchester House's ASAP programme which cares for over 100 children before and after school has been closed under level 4 and 3 but will reopen when we move into level 2 but this will look a little different to comply with the New Zealand Government restrictions.

ASAP Centre Manager Vicki Hetterscheid has contacted all the parents on the ASAP roll and most are delighted their children can return to before and/or after school.

"We will have four different venues for our children," she said, "so they can stay in their school bubbles."

While the Grey Street ASAP hall and centre will be used by pupils from Manchester Street School and Feilding Intermediate respectively, those attending Taonui School will be accommodated before and after school at the Taonui Hall and Halcombe school children will be taken to join St Joseph's pupils at their school hall in Derby St.



As the Senior Centre in Bowen Street will not be open to its usual elderly clients under level 2, it will be the venue for activities for those ASAP clients who attend Lytton Street and North Street Schools.

Ms Hetterscheid said at least two staff members are required for each venue which means some will be working longer hours to keep the venues open until every child has been picked up and returned home and the venues have been cleaned.

"We are adapting to ensure the best outcome for both parents and children," she said, "And keeping things as normal as possible while remaining safe, until all restrictions are lifted. Whenever that is."



MINISTRY OF SOCIAL DEVELOPMENT

TE MANATŪ WHAKAHIATO ORA

Work and Income's new online recruitment tool, available through the Work and Income website, will connect employers with people looking for work.

Employers are able to list jobs on the platform and anyone looking for work (both W&I and non-W&I job seekers) can register and apply for them directly. It's a free and efficient service, linking employers directly with people looking for jobs.

The tool can be accessed here: <https://www.jobs-during-covid.workandincome.govt.nz>



Are you in COVID-19 isolation?

DO YOU NEED SUPPORT,

NEED GROCERIES, JUST NEED TO CHAT?

For people who have a need for essential supplies but don't have the means or transport to get it themselves, are over 70 years of age (60 for Māori or Pasifika) or have underlying health problems, the Manawatū District Council can help.



Complete the short Covid-19 Support Request form at www.mdc.govt.nz



Call the Manawatū District Council Customer Service team on **06 323 0000**.

We'll work with our partner agencies to help you get the support you need.



**Unite
against
COVID-19**



Coronavirus Symptoms?
Phone Healthline
0800 358 5453

Manawatū District Residents Health Services

A COVID-19 testing site is operating in Feilding. If you are feeling unwell, there are two ways to be referred to a testing site:

- ▶ Call the dedicated COVID-19 Healthline number on 0800 358 5453; or
- ▶ Contact Feilding Health Care by phoning 323 9696

A nurse or a GP will organise a test for you if it is needed.

In addition to the Feilding site, there are four other designated testing sites across the MidCentral District. Depending on where you live, you may be asked to go to another site for testing.

Feilding Health Care

Our General Practice staff are crucial to our national response to COVID-19 and are committed to keeping you well.

Feilding Health Care continue to operate as an essential service.

Many services will continue through the COVID-19 lockdown, including:

- GP and Nurse phone consultations
- GP video consultations
- Prescriptions
- Some immunisations and procedures
- Some face to face consultations, as determined by a Nurse or GP.

Face-to-face consultations

Before you have a face to face consultation, you will speak to a Nurse or a Doctor on 1 to listen to their instructions about what to do. You may be greeted at the door and asked questions before coming into the practice, or you may be asked to go to a different entrance rather than the one you usually go to.



Feilding Health Care will have some charges for phone, video and email consultation services. They will share this information with you. However, if you are unsure, please ask.

Community Pharmacy Services

Our Community Pharmacy teams are committed to keeping you well and will continue to work as essential services during the COVID-19 lock down. Community Pharmacies will be available for essential services only. This includes providing prescriptions, other medicines and advice. Pharmacies will not be available for casual shopping.

Going to your pharmacy in person

From now on, Community Pharmacies will have a limited entry policy. When arriving at a pharmacy, people will be asked basic health questions before entering the premises. If unwell, you will be asked to wait in your car or outside.

Prescriptions from Smiths, Central or Feilding Health Pharmacy will be delivered to you if you live in the Feilding township. Please do not go to the pharmacy to collect your prescription, unless your prescription is urgent.

Delivery options for rural areas

There are other delivery options available for rural addresses. Please ask the pharmacy about their delivery options.



New Zealand COVID-19 Alert Levels Summary

 Unite
 against
 COVID-19

- The Alert Levels are determined by the Government and specify the public health and social measures to be taken in the fight against COVID-19. Further guidance is available on the [Covid19.govt.nz](https://covid19.govt.nz) website.
- The measures may be updated based on new scientific knowledge about COVID-19, information about the effectiveness of control measures in New Zealand and overseas, or the application of Alert Levels at different times (e.g. the application may be different depending on if New Zealand is moving down or up Alert Levels).

- Different parts of the country may be at different Alert Levels. We can move up and down Alert Levels.
- Essential services including supermarkets, health services, emergency services, utilities and goods transport will continue to operate at any level. Employers in those sectors must continue to meet health and safety obligations.
- Restrictions are cumulative (at Alert Level 4, all restrictions from Alert Level 2 and 3 apply).

Published 16 April 2020

ELIMINATION STRATEGY – New Zealand is working together to eliminate COVID-19

Alert Level	Risk Assessment	Range of Measures (can be applied locally or nationally)
Level 4 – Lockdown Likely the disease is not contained	<ul style="list-style-type: none"> Community transmission is occurring. Widespread outbreaks and new clusters. 	<ul style="list-style-type: none"> People instructed to stay at home (in their bubble) other than for essential personal movement. Safe recreational activity is allowed in local area. Travel is severely limited. All gatherings cancelled and all public venues closed. Businesses closed except for essential services (e.g. supermarkets, pharmacies, clinics, petrol stations) and lifeline utilities. Educational facilities closed. Rationing of supplies and requisitioning of facilities possible. Reprioritisation of healthcare services.
Level 3 – Restrict High risk the disease is not contained	<ul style="list-style-type: none"> Community transmission might be happening. New clusters may emerge but can be controlled through testing and contact tracing. 	<ul style="list-style-type: none"> People instructed to stay home in their bubble other than for essential personal movement – including to go to work, school if they have to or for local recreation. Physical distancing of two metres outside home (including on public transport), or one metre in controlled environments like schools and workplaces. People must stay within their immediate household bubble, but can expand this to reconnect with close family / whānau, or bring in caregivers, or support isolated people. This extended bubble should remain exclusive. Schools (years 1 to 10) and Early Childhood Education centres can safely open, but will have limited capacity. Children should learn at home if possible. People must work from home unless that is not possible. Businesses can open premises, but cannot physically interact with customers. Low risk local recreation activities are allowed. Public venues are closed (e.g. libraries, museums, cinemas, food courts, gyms, pools, playgrounds, markets). Gatherings of up to 10 people are allowed but only for wedding services, funerals and tangihanga. Physical distancing and public health measures must be maintained. Healthcare services use virtual, non-contact consultations where possible. Inter-regional travel is highly limited (e.g. for essential workers, with limited exemptions for others). People at high risk of severe illness (older people and those with existing medical conditions) are encouraged to stay at home where possible, and take additional precautions when leaving home. They may choose to work.
Level 2 – Reduce The disease is contained, but the risk of community transmission remains	<ul style="list-style-type: none"> Household transmission could be occurring. Single or isolated cluster outbreaks. 	<ul style="list-style-type: none"> Physical distancing of one metre outside home (including on public transport). Gatherings of up to 100 people indoors and 500 outdoors allowed while maintaining physical distancing and contact tracing requirements. Sport and recreation activities are allowed if conditions on gatherings are met, physical distancing is followed and travel is local. Public venues can open but must comply with conditions on gatherings, and undertake public health measures. Health services operate as normally as possible. Most businesses open, and business premises can be open for staff and customers with appropriate measures in place. Alternative ways of working encouraged (e.g. remote working, shift-based working, physical distancing, staggering meal breaks, flexible leave). Schools and Early Childhood Education centres open, with distance learning available for those unable to attend school (e.g. self-isolating). People advised to avoid non-essential inter-regional travel. People at high risk of severe illness (older people and those with existing medical conditions) are encouraged to stay at home where possible, and take additional precautions when leaving home. They may choose to work.
Level 1 – Prepare The disease is contained in New Zealand	<ul style="list-style-type: none"> COVID-19 is uncontrolled overseas. Isolated household transmission could be occurring in New Zealand. 	<ul style="list-style-type: none"> Border entry measures to minimise risk of importing COVID-19 cases. Intensive testing for COVID-19. Rapid contact tracing of any positive case. Self-isolation and quarantine required. Schools and workplaces open, and must operate safely. Physical distancing encouraged. No restrictions on gatherings. Stay home if you're sick, report flu-like symptoms. Wash and dry hands, cough into elbow, don't touch your face. No restrictions on domestic transport – avoid public transport or travel if sick.

ARE YOU GETTING THE SUPPORT YOU NEED?

Mental Health and support services are still operating for those who have been receiving mental health treatment prior to the lockdown.

If your symptoms are getting worse; talk to your GP, counsellor, case worker or mental health team about how they can help. You may not be able to see them face to face but your appointments can take place over the phone, via email, text or video chat. They will advise you on tips and support to help you get through and if you do need urgent help who you can call.

EAT HEALTHY, EXERCISE AND SLEEP

Focus on the things you can control, not the things you can't

HAVE HOPE

We are all in this together

STAY CONNECTED

Phone, video call, group chats

MASTER YOUR ENVIRONMENT

Enjoy your time at home in your bubble

EXPRESS GRATITUDE

Be grateful for all the good things in your life

FIND PURPOSE

Keep thinking of the big picture

PRACTICE MINDFULNESS

Time to be at peace and reflect

ACCEPT THE SITUATION

Focus on the things you can control, not the things you can't

BE AN OPTIMIST

Stay positive



HELPLINES

Free call or text **1737** any time for support from a trained counsellor Lifeline – **0800 543 354** or free text **4357** (HELP)

Youthline – **0800 376 633** or free text **234** | Samaritans – **0800 726 666** | www.mentalhealth.org.nz/get-help/covid-19/



Supporting local business through challenging times

Are you facing challenges to your business, or concerned about the future impacts your business will encounter due to COVID-19?

The Central Economic Development Agency (CEDA) is available to support you through this challenging time. As providers of the Regional Business Partner Network across Manawatū-Whanganui, CEDA has an important role, funded by government to link businesses to available support.



**BUSINESS
MENTORS**
INSPIRING SUCCESS

COVID-19 Business Support Hub

For a summary of the Governments support package for COVID-19, and the key links and information regarding all things COVID-19, from workplace preparedness to tax relief and more,

visit: [CEDA.nz/covid-19-support](https://ceda.nz/covid-19-support).

CEDA have compiled the key resources to help you navigate and access the right information.



Mary-Ellen Steele
Business Growth Advisor

Connect with your local Business Growth Advisor Today.

Mary-Ellen Steele is the Business Growth Advisor for the Feilding area and would like to hear from you on the challenges your business is facing, to help support our business community throughout this time of change and disruption.

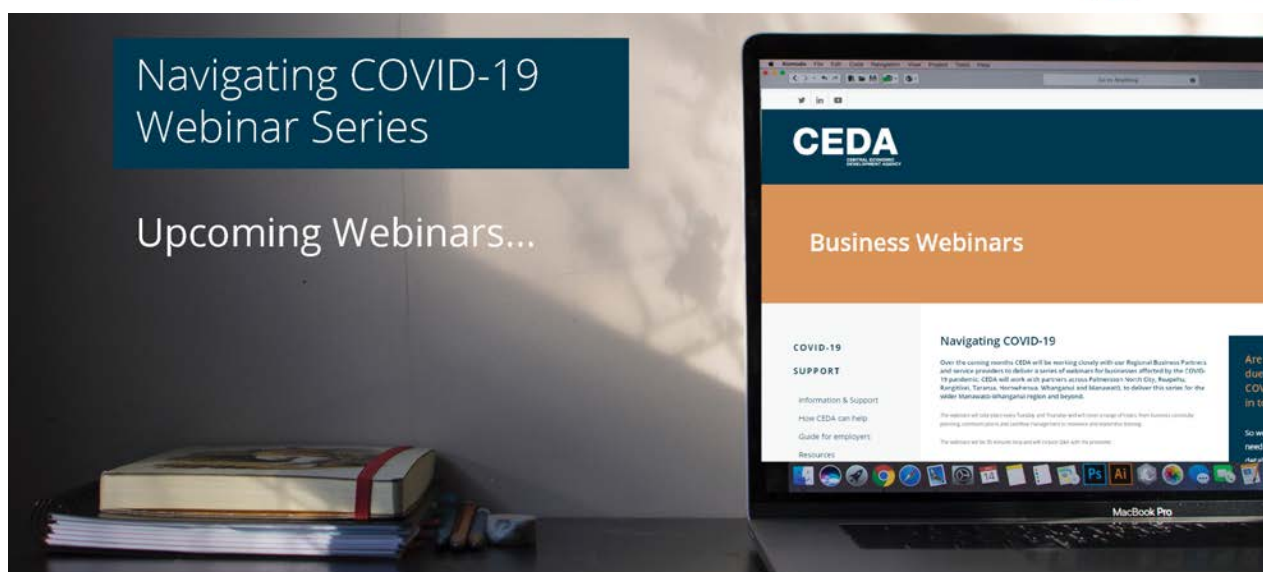
Get in touch with Mary-Ellen today, to find out how CEDA can support you and your business by contacting

business.enquiry@ceda.nz
or 0800 233 278.

Business Mentors New Zealand

Sign up to Business Mentors New Zealand to be matched with an experienced Business Mentor who can provide guidance for 12 months in the areas you need support. The programme fee has been waived during the COVID-19 pandemic.

Sign up today at
<https://www.businessmentors.org.nz/small-business-mentoring>



CEDA's Navigating COVID-19 Business Webinars

Discover next week's free business support webinars to help businesses navigate the impact of COVID-19 delivered by CEDA in partnership with the Regional Business Partners Network.

The 30 minute webinars will take place every Tuesday and Thursday and will include Q&A with the presenters at the end.

Register for upcoming webinars and watch previous webinars here.



Understanding the Government Package

Date: Tuesday 5 May
Time: 2.30pm – 3pm

The Government's support package for the COVID-19 crisis includes wage subsidies, tax relief and lending rules. What do these mean for businesses and their recovery? After an intro from CEDA Business Growth Advisor, Nick Gain, join Kirk Hope, Chief Executive of BusinessNZ as he shares his thoughts on current business needs and the COVID-19 support package.



Achieving Resilience and Wellbeing in a Critical Time of Change

Date: Thursday 7 May
Time: 2.30pm – 3pm

After an intro from the Chairman of Horowhenua New Zealand Trust, Antony Young, hear from Julie Rowlands, Julia Stockman and Mel Whiting from Baker Tilly Staples Rodway.

Succeeding in turbulent times requires a critical focus on resilience and change leadership. Visible leadership and strong emotional intelligence will enable leaders to focus on their people like they have never before.

This means understanding the challenges that others are facing, recognising the impact change has on us all and most importantly seeing people as people beyond the isolation. This is a time for both brave leadership, courageous conversations and whole hearts.

Are we hitting the mark?

We would appreciate your feedback to ensure our Navigating COVID-19 webinar series is fit for purpose in Level 3 and beyond. Please complete our short survey to share your opinion.

Start Survey -
<https://form.responster.com/JzfqQN>



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& District Manawatu
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LOCAL TO THE CORE!

#♥OURMANAWATU

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Feilding & District Promotion, all about local

Locals working for locals; we're all in this together.

We want to support and showcase our local people, local businesses, our heroes, places, events and times, connecting and promoting locally, regionally, nationally and on the world stage too.

If we can encourage all of our locals to shop locally first, supporting our local businesses, we know this helps to keep our towns working, alive and vibrant.

We know too, that we are a hidden gem, off the beaten track and we're working on ideas on how to tell more national visitors to come and explore our place while international borders remain closed.

Like you, we're proud locals who are fully invested, and care about what happens in our community.

31,700 residents across our beautiful district belong, we're all in this together.

Come on board, when we're not in lockdown, you'll find us trackside, at the Railway Station in friendly Feilding, NZ's best and most beautiful town.

For now you'll find us on-line, we're interested in learning about everything that makes us uniquely us and is uniquely ours...

Together, we can make Our Manawatu, the best place in the world to live, work and play, post COVID19.

Lets keep our heartbeat strong

Everytime that you shop locally and support the local businesses within Feilding and Manawatu district you will enable us to survive, provide and thrive once again.

Thank you!

